

**College Squash Association
2012 Individual Championships**

**March 2nd-4th, 2012
Amherst College**



Tournament Information



February 27, 2012

Dear Participants,

On behalf of Amherst College Athletics and the Amherst Men's and Women's squash teams, I welcome you to the 2012 CSA Individual Squash Championships. We are honored to host this intercollegiate event and hope that the Davenport Squash Courts will provide a venue for both players and fans to enjoy the competition to its fullest.

Congratulations on advancing to the Individual Championship! I wish all of the competitors the best of success throughout the weekend.

During your stay at Amherst, I hope you will have an opportunity to explore and enjoy the beauty and history of our campus and the surrounding community.

Good luck!

Sincerely,

Suzanne R. Coffey

Director of Athletics

Facility:

Davenport Squash Center
Amherst College Alumni Gym/Orr Rink
266 S Pleasant St
Amherst, MA 01002

Driving Directions:

From East/West:

Take I-90 (Mass Turnpike) to Exit 4 (I-91)
Take I-91 north to exit 19 (Rte. 9)
Take Rte. 9 east to Rte. 116 south
Follow directions below to Alumni Gym/LeFrak Gym

From North/South:

Take I-91 to exit 19 from south, or exit 20 from north (you'll be on Rte. 9 east)
Take Rt. 9 east to Rt. 116 south
Follow directions below to Alumni Gym/LeFrak Gym

From Northeast:

Take I-95 south to I-495 south
Take I-495 south to exit 29B (Rte. 2 west)
Take Rte. 2 west to Rte. 202 south
Take Rte. 202 south to Amherst Rd. in Pelham (turn right)
Take Amherst Rd. toward Amherst. (The road changes names to Pelham Rd. and then to Main Street.)
In downtown Amherst, turn left on South Pleasant Street. Continue for two blocks to the stoplight at the intersection with Rte. 116. Proceed straight through the light (you'll now be on Rte. 116 south). Follow directions below to Alumni Gym/LeFrak Gym

To Alumni/LeFrak Gym:

At the Corner of Routes 9 and 116, turn onto Rt 116 South

Once on Route 116, take the THIRD LEFT (counting the Do Not Enter) into the athletic complex.

The athletic department parking lot is immediately on your right. There may be spaces around to the left in front of Alumni Gym, but this is usually the best place to park

Parking Information:

There will be several other sporting events taking place during the weekend. All buses/vans should drop off players at Alumni Gym and park in assigned area. Buses and other large vehicles cannot park in front of Alumni Gym. Be prepared to park and walk a short distance to Alumni Gym. (Look to end of this packet for more detailed parking information)

Thursday Practice Times:

Courts will be available on Thursday on a first-come, first served basis. Sports Medicine will not be available during Thursday practice times. Coaches may not schedule specific practice times beforehand for their players.

Contact Information During the Tournament:

Tournament Staff:

The Tournament Desk will be located in the Lower Rear Foyer in the Alumni Gym
General Tournament Phone – 6463890452

*Please use this number for all tournament related questions. It rings to multiple staff members including the Tournament Director. If your call is unable to be answered, please leave a voicemail and you will receive a response shortly.

Dent Wilkens, Tournament Director: dent.wilkens@ussquash.com

Other Contact Information:

Peter Robson, Head Coach, Amherst College Squash
Office: (413) 542-5757
Cell: (413) 658- 5912

Stan Zieja – Director of Sports Medicine
Office: (413) 542-8188
Cell: (413) 374-0147

Amherst College Police Department (Emergency Only): 413-542-2111

Cooley Dickinson Hospital: 413-582-2000

Player Check-in:

All players must check for each match in at the tournament desk **20 minutes before their scheduled start time.**

Refereeing/Marking:

Unless otherwise released by tournament staff, both opponents are required to officiate the next match. The winning player will act as referee and the losing player will act as marker.

Reporting Results:

The winning player must collect his or her score sheet immediately after the match and return it to the tournament desk. That player will then receive the score sheet for the next match and bring it back to the court.

Racquet Stringing:

There will be a self-service stringing machine available at the courts if you bring your own string.

Racquet Stringing can be performed as a service at Jonathan's Sports World,
331 Russell St. (Rte. 9), Hadley (\$28)
(413) 585-8854.

Hours: Thursday/Friday 10 – 6, Saturday 10-5, Sunday 11-5.

Player Locker Rooms:

Women's General Locker Room #1121 – Lower Floor Alumni Gym

Men's General Locker Room #1123 – Lower Floor Alumni Gym

Locker Rooms will be open and unsecured so please do not leave belongings unattended.
Towels are not provided.

General Public Restrooms

First floor Alumni gym past main entrance on right

Player Room

Conway Classroom – 1st floor North Hallway, Alumni Gym

Open for all players in between matches. Unsecured so please do not leave belongings unattended.

Sports Medicine

Players should bring their own supplies.

****If a player needs special treatment from the Amherst sports medicine staff, they must bring a note from their own trainer or doctor.**

Food and Beverage in the Amherst Area:

There is no food available on site other than vending machines.

The College's Dining Hall, located in Valentine Hall, is open Thursday – Sunday: Breakfast 7:30am-11am (\$ 7 per person)/ Lunch 11am-2pm (\$9 per person)/ Dinner 4:30pm-7:30pm (\$10 per person)

Schwemm's Coffee House/Snack bar (located in Keefe Campus Center). Selected sandwiches, salads, etc. Open Thursday/Friday 9am – 2am, Saturday 7pm-2am and Sunday 6pm-12am.

Restaurant List

(* Indicates restaurant located in downtown Amherst)

Amherst Brewing Company, (413) 253-4400, *traditional pub fare** Amherst Chinese, (413) 253-2813, *Chinese cuisine*

*Amherst Creperie, (413) 461-3541, *crepes, smoothies, paninis*

*Antonio's Pizza, (413) 253-0808, *gourmet pizza by the slice*

Applebee's, (413) 253-5799, *casual dining*

*Arigato, (413) 253-1070, *Japanese cuisine*

Arizona Pizza Company, (413) 582-0400, *casual dining, pizza and pasta*

*Bertucci's, (413) 549-1900, *Italian cuisine*

*Bistro 63 at the Monkey Bar, (413) 259-1600, *blend of classic and eclectic food*

*Black Sheep, (413) 253-3442, *delicatessen, bakery, café*

Bruno's (413) 256-0222, *pizza, calzones, pasta – will deliver*

*Bueno Y Sano, (413) 253-4000, *Mexican Cuisine*

Buffalo Wild Wings, (413) 387-0135, *sports bar and restaurant*

*Chez Albert, (413) 253-3811, *French cuisine*

Chili's, (413) 253-4008, *casual dining, southwestern fare*

Hangar Pub & Grill, (413) 549-9461, *sports bar and restaurant*

Ginger Garden, (413) 236-6666, *Chinese/Asian fusion*

*High Horse, (413) 230-3034, *brewery/pub food*

*Judie's Restaurant, (413) 253-3491, *creative and eclectic American*

*Johnny Tavern, (413) 230-3818, *new American fare, burgers*

*Lone Wolf, (413) 256-4643, *upscale breakfast and lunch*

*Loose Goose Café, (413) 549-4667, *gourmet delicatessen*

*Lord Jeffrey Inn/30 Boltwood, (413) 256-8200, *upscale American dining*

Lumber Yard Restaurant, (413) 253-4200, *upscale farm to table*

*Moti, (413) 259-2150, *Persian Mediterranean cuisine*

*Panda East, (413) 256-8923, *Chinese cuisine*

Panera Bread, (413) 387-6336, *bakery-café*

*Paradise of India, (413) 256-1067, *Indian cuisine*

*Pasta E Basta, (413) 256-3550, *Italian cuisine*

*Primo 2's, (413) 658-0100, *Pizza, hot and cold subs*

Quiznos, (413) 253-1300, *subs, salads*

Rafters, (413) 549-4040, *sports bar and restaurant*

Route 9 Diner (413) 253-0505, *diner*

Sibie's Pizza (413) 256-6100, *pizza, calzones, pasta – will deliver*

*Souper Bowl, (413) 253-1855, *soups, salads, smoothies*

*Subway, (413) 256-1919, *subs, salads, flatbreads*

*Tabellas, (413) 253-0220, *farm to table restaurant*

*Thai Corner Restaurant, (413) 253-1639, *Thai cuisine*

*The Pub, (413) 549-1200, *classic American*

*White Hut, (413) 835-0455, *burgers and dogs*

Delivery Express (delivery from several Amherst restaurants):

<https://www.deliveryexpress.com/mall/amherstlobby.htm>

<http://business.amherstarea.com/list/category/restaurants>