

Division I Recruiting Restrictions

	FRESHMAN & SOPHOMORE YEAR (and earlier)	JUNIOR YEAR (Beginning Sept. 1 of Jr. year)	SENIOR YEAR (and following year, beginning July 1 prior to Sr. year)
Correspondence, Emails	Permitted to be sent: <ul style="list-style-type: none"> • Questionnaires, • Camp brochure, • NCAA education material 	On or after 9/1 of prospect's junior year, personalized correspondence, e-mails, and other permissible recruiting materials may be sent to the prospect.	Continuation of junior year guidelines.
Phone Calls	Not Permitted (Calls initiated by prospects or parents to coaches may always be accepted.)	Not Permitted (Calls initiated by prospects or parents to coaches may always be accepted.)	Permitted once per week on/after July 1 prior to senior year. (Calls initiated by prospects/parents to University staff members do not count toward weekly limits.)
Contacts In-person and Off-campus	Not Permitted	Not Permitted	Permitted on/after July 1 prior to senior year. Maximum of 3 contacts can be made off-campus. Recruiting contact can be made with a prospect and their parents at the site of the student's practice or competition. No contact can be made with the prospect until after his or her final contest of the overall event is complete. Recruiting contact can be made with parents at the site of practice or competition including during the competition.
Evaluations	Maximum of 7 during the academic year.	Maximum of 7 during the academic year.	4 evaluations plus 3 contacts can be made overall. Additional evaluations can be made by reducing contacts, one for one. Contacts on the college campus do not count towards your total of 3 total contacts. Only off campus contacts count against total.)
Official Visits Paid in part or in whole by the institution	Not Permitted.	Not Permitted.	One visit permitted for each prospect once he/she has begun senior classes
Unofficial Visits Unpaid visits	PERMISSIBLE UNLIMITED	PERMISSIBLE UNLIMITED	PERMISSIBLE UNLIMITED